



## **Sex and Relationships Education (SRE) Policy**

**2018-19**

**This report should be read in conjunction with other policies:-**

- **PSHE/ASPIRE Policy**
- **Safeguarding Policy**

***\* DfE- Personal, social, health and economic (PSHE) education: February 2013***

***\* DfE- Sex and Relationship Education: July 2000***

***\* DfE- Relationships Education, Relationships and Sex Education, and Personal, Social, Health and Economic Education: March 2017***

Staff Member(s) Responsible:	CBY
Date:	09/09/2018
Review Date:	01/09/2019

**ALLEYNE'S ACADEMY  
STONE**

**SEX AND RELATIONSHIPS EDUCATION (SRE) POLICY**

**Members of Staff Responsible:** Mr C. Bailey (Assistant Headteacher)  
Mrs H. Broadist (Head of PSHE / ASPIRE)

**Review Date:** Annually

The Secretary of State made an order as required by the 1993 Education Act allowing parents to withdraw their children from any lessons on Sexual behaviour, Aids and HIV, therefore, all of these topics must be removed from Science lessons since the latter forms part of the **compulsory** National Curriculum.

This section of the work must, therefore, be offered elsewhere in the curriculum - we see it as an integral part of our P.S.H.E. / ASPIRE programme and it is delivered in that context. Parental rights of withdrawal are thus protected.

The 1996 Education Act places in the hands of governing bodies the responsibility for deciding whether and how sex education is taught in school. The LEA, the Governing Body and the Headteacher are instructed to 'take such steps as are reasonably practicable to secure that, where sex education is given to any registered students at the school it is given in such a manner as to encourage those students to have due regard to moral considerations and to the value of family life'.

The amendment to the 1996 Act by the Learning and Skills Act 2000 requires that we must ensure that students will learn "the nature of marriage and its importance for family life and the bringing up of children", whilst acknowledging that there are strong and mutually supportive relationships outside marriage.

- a) The purpose of Sex and Relationships Education at Alleyne's Academy is to raise the awareness of all students of a range of related issues with a view to preparing students for this important aspect of human life.
- b) Parents are consulted on a regular basis and their views and recommendations are taken into account. They are invited to view the materials used and to hear about methods of presentation. A letter is sent home on an annual basis to give parents/ carers the option of opting out if they do not want their child to take part in the sex education programme.
- c) Sex Education is not dealt with in isolation but forms just a small but important part of our PSHE programme which is delivered throughout the school to all students.

1. **The aims of the policy are:**

- i) To provide all students with the necessary information to understand the physical, emotional and social aspects of human sexual development.
- ii) To provide all students with the basic understanding of human reproduction, how it occurs and the responsibilities it imparts.
- iii) To promote an insight into the health-related issues associated with sexual activity and to encourage a responsible attitude towards the prevention of sexually transmitted diseases.
- iv) To foster attitudes which promote strong and worthwhile family relationships.
- v) To encourage a moral and fair-minded approach to a wider range of sexual issues which will increase their own sense of self-esteem and enable them to have a positive and happy acceptance of their own sexuality.
- vi) To enable students to develop an awareness of the pressures that may be put upon them and strategies to cope with these. Students will be encouraged to determine their own values within a moral framework to enable them to make informed decisions for themselves.
- vii) To make students aware of the reasons for and the benefits to be gained from delaying sexual activity.
- viii) To make students aware of the law relating to sexual activity, and how they may gain access locally to confidential advice.

**Aspects of Sex and Relationships Education Covered in the PSHE / ASPIRE Programme**

Relationships and RSE will be age-appropriate, building knowledge and life skills over time in a way that prepares pupils for issues they will soon face. They will likely focus on:

- **different types of relationships**, including friendships, family relationships, dealing with strangers and, at secondary school, intimate relationships;
- how to recognise, understand and build **healthy relationships**, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;
- how relationships may **affect health and wellbeing, including mental health**;
- healthy relationships and **safety online**; and

- factual knowledge, at secondary school, around **sex, sexual health and sexuality**, set firmly within the context of relationships.

YEAR GROUP	ACTIVITY & LEARNING OUTCOMES
9	<p><b>Contraception</b></p> <ol style="list-style-type: none"> <li>1. Puberty and Physical Changes</li> <li>2. Conception</li> <li>3. Personal Hygiene</li> <li>4. Contraception - parents particularly requested that this be included earlier in our programme, hence its inclusion at the end of Year 9 instead of Year 10.</li> </ol> <p><i>Work done by Tutors, School Nurses and Head of P.S.H.E.</i></p>
10	<p><b>Relationships</b></p> <ol style="list-style-type: none"> <li>1. Sexual Preference</li> <li>2. Contraception</li> <li>3. Health Care Options e.g. Family Planning clinics etc.</li> <li>4. Responsibilities</li> </ol> <p><i>Work done by Tutors, School Nurses, outside organisations and Head of P.S.H.E.</i></p>
11	<p><b>Sexually Transmitted Diseases</b></p> <ol style="list-style-type: none"> <li>1. Love and Marriage</li> <li>2. Family Groups</li> <li>3. Physical well-being</li> <li>4. Responsibilities</li> <li>5. S.T.I.'s</li> </ol> <p><i>Work done by Tutors, School Nurses, outside organisations and Head of P.S.H.E.</i></p>