

Year 13 Psychology Mock Topics- February 2026

The week beginning **February 9th** is the start of a one week mock examination period for Year 13. In Psychology you will have a 1 x 2 hour paper.

The questions can come from the following topics:

Psychology

Paper 1

Psychopathology

(Definitions of abnormality, Characteristics, explanation and treatment of phobias (Behaviourist), depression (Cognitive) and OCD (Biological))

Schizophrenia (Diagnosis of schizophrenia, Classification and issues of reliability and validity), Explanations of schizophrenia (Biological, Family Dysfunction, Cognitive), Treatments of Schizophrenia (Drug therapy, CBT, Family therapy), Management of Schizophrenia (Token Economy), Interactionist explanation (Diathesis-stress model) and combination treatments

Relationships (Evolutionary explanations for partner preferences, Factors affecting attraction – self-disclosure, physical attractiveness, filter theory), Theories of romantic relationships – social exchange theory, equity theory, Rusbult's investment model, Duck's phase model), Virtual relationships in social media, Parasocial relationships

Issues and Debates (covered so far)

Culture and Gender Bias in Research, Nature/Nurture debate, Free Will / Determinism, Idiographic / Nomothetic