

A Level Psychology Summer Bridging Project

What is a Bridging Project?

The project aims to introduce you to the rigours of A Level Psychology and allows you to begin developing your skills ready to hit the ground running when you start the A Level course in September. It also introduces you to Psychology as a new academic discipline. The project will be completed before starting the course will be used in the early lessons leading to an early assessment, therefore it is vital that you complete it well as you begin your first steps into A Levels. We study the AQA specification which can be found using the following link.

<https://filestore.aqa.org.uk/resources/psychology/specifications/AQA-7181-7182-SP-2015.PDF>

The Bridging Project will examine the origins of the subject and its key theoretical approaches.

The approaches considered are :-

Behaviourism

Social Learning theory

Cognitive

Biological Approach

Psychodynamic Approach

Humanism

Students should consider the key assumptions and evidence of each theory using key terminology to do so. They should also tentatively start to evaluate the theory in terms of its theoretical coherence, its uses in the real world and the limitations of its evidence.

Please complete the questions at the end of the double page spread and the learning booklet attached.

Other key information / resources

Further resources / websites

All the information required to complete the assessment can be found on the website. However, if you wish to develop this further the following textbooks (from which the information came) can be purchased for start of the course in September. These are our only recommended texts and students can explore further issues if they wish by skimming through some of the topics in the book.

Cara Flanagan et al – AQA Psychology for A Level – Year 1 and AS – Illuminate Publishing

This can be purchased via most good book suppliers but there is not a necessity to buy it now although it will be required in the future study when it commences in September. The revision guide accompanying it has also been found to be very useful to previous year students and I would recommend it.

