



## Relationships Education, Relationships and Sex Education (RSE) and Health Education Policy

2020-2021



This report should be read in conjunction with other policies:-

- PSHE/CONNECT Policy
- Safeguarding Policy

*\* DfE- Personal, social, health and economic (PSHE) education: March 2015*

*\* DfE- Relationships Education, Relationships and Sex Education, and Personal, Social, Health and Economic Education: 2019*

Staff Member(s) Responsible:	NH
Date:	01/09/2020
Review Date:	01/09/2021

**ALLEYNE'S ACADEMY  
STONE**

**SEX AND RELATIONSHIPS EDUCATION (RSE) POLICY**

**Members of Staff Responsible:** Mr C. Bailey (Assistant Headteacher)  
Miss N. Harris (Head of PSHE / CONNECT)

**Review Date:** Annually

This is statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996

The Secretary of State; 'Children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way'.

Therefore Relationships and Sex Education has been made compulsory in all secondary schools in England. The guiding principles have been that all of the compulsory subject content must be age appropriate and developmentally appropriate. It must be taught sensitively and inclusively, with respect to the backgrounds and beliefs of pupils and parents while always with the aim of providing pupils with the knowledge they need of the law. At secondary, teaching will build on the knowledge acquired at primary and develop further pupils' understanding of health, with an increased focus on risk areas such as drugs and alcohol, as well as introducing knowledge about intimate relationships and sex.

Through the CONNECT programme, Relationships Education, RSE and Health Education is accessible for all pupils including those with SEND. High quality teaching delivered through the CONNECT programme, that is differentiated and personalised will be the starting point to ensure accessibility.

The purpose of Sex and Relationships Education at Alleyne's Academy is to raise the awareness of all students of a range of related issues with a view to preparing students for this important aspect of human life.

Parents are consulted on a regular basis and their views and recommendations are taken into account. They are invited to view the materials used and to hear about methods of presentation. An email is sent home on an annual basis to give parents/ carers the option of opting out if they do not want their child to take part in the sex education programme. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE.

Sex Education is not dealt with in isolation but forms just a small but important part of our CONNECT PSHE programme which is delivered throughout the school to all students by internal members of staff and enhanced by external speakers.

1. **The aims of the policy are:**

- i) To provide all students with the necessary information to understand the physical, emotional and social aspects of human sexual development.
- ii) To provide all students with the basic understanding of human reproduction, how it occurs and the responsibilities it imparts.
- iii) To promote an insight into the health-related issues associated with sexual activity and to encourage a responsible attitude towards the prevention of sexually transmitted diseases.
- iv) To foster attitudes which promote strong and worthwhile family relationships.
- v) To encourage a moral and fair-minded approach to a wider range of sexual issues which will increase their own sense of self-esteem and enable them to have a positive and happy acceptance of their own sexuality.
- vi) To enable students to develop an awareness of the pressures that may be put upon them and strategies to cope with these. Students will be encouraged to determine their own values within a moral framework to enable them to make informed decisions for themselves.
- vii) To make students aware of the reasons for and the benefits to be gained from delaying sexual activity.
- viii) To make students aware of the law relating to sexual activity, and how they may gain access locally to confidential advice.

**Aspects of Sex and Relationships Education Covered in the PSHE / CONNECT Programme**

Relationships and RSE will be age-appropriate, building knowledge and life skills over time in a way that prepares pupils for issues they will soon face. They will likely focus on:

- **different types of relationships**, including friendships, family relationships, dealing with strangers and, at secondary school, intimate relationships;
- how to recognise, understand and build **healthy relationships**, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;
- how relationships may **affect health and wellbeing, including mental health**;
- healthy relationships and **safety online**; and
- factual knowledge, at secondary school, around **sex, sexual health and sexuality**, set firmly within the context of relationships.

### 'Connect Programme'

The **Connect Programme** has been designed as a platform to deliver a diverse, personalised experience to our students. Sessions that give our students the knowledge, skills and attributes they need to keep themselves healthy, safe, make them well rounded individuals and prepare them for life and work in modern Britain.

The **Connect** sessions are 30 minutes long and each year group (9,10 &11) have two sessions per week delivered by their form tutor, internal and external speakers.

<b>Year 9</b>	<b>Monday - Connect Session</b>	<b>Wednesday - Connect Session</b>
<b>Year 10</b>	<b>Tuesday - Connect Session</b>	<b>Thursday - Connect Session</b>
<b>Year 11</b>	<b>Tuesday - Connect Session</b>	<b>Thursday - Connect Session</b>

Within the PSHE element, one of the three statutory strands will be focused on each half term;

Health & Mental Wellbeing

Relationships & Sex Education (RSE)

Living in the Wider World

<b>Health &amp; Mental Wellbeing</b>	AUT 1	SPR 2
<b>Relationships (RSE)</b>	AUT 2	SUM 1
<b>Living in the Wider World</b>	SPR 1	SUM 2

Alongside the PSHE element, the **Connect Programme** will also deliver **Careers**, **SMSC** (Social, Moral, Spiritual & Cultural), **British Values**, **Alleyne's Skills for Life** (team work, problem solving, empathy, creativity, resilience, leadership, communication & independence) and **Building Learning Power** (equipping the students with study skills, revision skills – allowing them to become better learners).The **Connect Programme** is linked very closely with Whole School, Global and National Events and connects with ALL subjects at Alleyne's.